KAC POOL SCHEDULE

Spring 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 7:00- 10:00	Lap Swim 7:00- 10:00	Lap Swim 7:00- 12:00	Lap Swim 7:00- 10:00	Lap Swim 7:00- 10:00	Lap Swim 8:00- 9:00	Lap Swim 8:00- 9:00
					Masters Swim 9:00-10:00 no lanes available	
Aqua Aerobics 10:00-10:45 4 lanes open	Aqua Aerobics 10:00-10:45 4 lanes open		Aqua Aerobics 10:00-10:45 4 lanes open	Aqua Aerobics 10:00-10:45 4 lanes open	10:00-11:00 Adult Learn to Swim	Private Swim lessons as scheduled
Water Wellness 11:00-12:00 Masters Swim no lanes available		Masters Swim 11:00-12:00 no lanes available		Water Wellness 11:00-12:00 Masters Swim no lanes available	Swim America 11:00-12:45 no lanes available	
Lap Swim 12:00-4:00	Lap Swim 11:00-4:00	- Lap Swim 12:00- 4:00	Lap Swim 11:00-4:00	Lap Swim 12:00-4:00		Lap Swim 12:00-1:00
Snapper Swim Team 4:00-6:00	Snapper Swim Team 4:00-6:00	Snapper Swim Team 4:00-6:00	Snapper Swim Team 4:00-6:00	Snapper Swim Team 4:00-6:00	KIIPOTI ATHLETIC Bard College at	
no lanes available	no lanes available	no lanes available	no lanes available	no lanes available		
Lap Swim 6:00-6:45	Masters Swim 6:00-7:00 no lanes available	Lap Swim 6:00-6:45	Masters Swim 6:00-7:00 no lanes available	Lap Swim 6:00-6:45		For more Information call 413-528-7777